



Colouring Journal Northwest Coast First Nations and Native Art
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This is an inspirational artistic and written guide for all ages.

Many first nations artists have shared stories and understanding about their culture, art, and insights on their special relationships with the natural and supernatural world. These stories would allow for rich teaching and learning opportunities on a variety of topics and themes, such as Gratitude, Storytelling and Family Crests, Transformation, Working Together, Adaptability, Community, just to name a few.

For each topic or theme there is written background information to support the learning, followed by questions that promote deep thinking and understanding. Students are encouraged to reflect on and learn about the original people and their connectedness to the sacred between the earth and the sky.

This colouring journal encourages creativity and reflection and presents opportunities for transformation for all ages. The images and text in this book are the works of various Indigenous artists of the Pacific Northwest, with art forms that relate to the oral history of the First Nations people.

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